

UWA Aquatic Centre

FAQ

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General Information

What are the Aquatic Centre opening hours?

Office hours: Monday – Friday 5:30am – 9:00pm
Sat 5:30am – 5:00pm
Sunday 11:30am – 5:00pm

When is the pool open to the students, staff, alumni and public for

Monday to Friday: 6:00am – 8:30am & 11:30am – 2:00pm
Monday to Friday: 6:30pm – 8:30pm *summer only (October – March)
Saturday & Sunday: 12:00pm – 2:00pm

Unfortunately, the pool is unavailable for public swimming outside these times.

Who can swim?

All UWA student, staff and members of the community can swim during public swimming times. Public swimming is however restricted to persons 16 years or older.

Which pool is public swimming held in?

The UWA Aquatic Centre consists of three pools, two 25m pools and 1 purpose-built water polo pool. Not all pools are in operation during public swimming periods. All three pools are varied in depth. Signs indicate the depth and use for the lane. It is generally held in the 6-lane pool. The UWA Aquatic Centre reserves the right to operate public swimming in any of the 3 pools depending on the operational needs on the day.

How many lanes are available?

UWA Sport has made a commitment to reserve a minimum of 3 lap lanes per public swimming session.

How much does it cost to swim?

Public Swimming prices can be viewed [here](#). Reduced prices are granted for UWA students, staff, alumni and seniors with a valid student, staff, or seniors' card.

How can I purchase pool entry?

You can purchase a single entry or multi-visit pass from the Aquatic Office located under the black and white awning and the south end of the pools. You must check in with the lifeguard on duty prior to entering the pool. The UWA Aquatic Centre is a cashless venue. EFTPOS is accepted. Unfortunately, we are unable to accept American Express.

Can I purchase swimwear or swimming equipment at the centre?

Swimwear and equipment are available for sale from the UWA Aquatic Centre. The Aquatic Centre stocks standard swimwear, goggles and swimming caps that are available for purchase during office hours. A variety of brands are in stocked; however, stock may be limited.

Only approved swimwear can be worn in the pools. Clothing, such as jumpers and jeans are not approved swimwear and cannot be worn in the pools.

Our products are generally priced below the RRP – they will be cheaper than you will find at most sport stores!

Venue Hire

How much is it to hire a lane in one of your pools?

You can find the pool entry and hire prices [here](#). Please contact UWA Sport Venues team for a personalised quote.

How do I go about booking the pool?

A booking request can be made by submitting a booking form through the UWA Sport website. Click [here](#). Please note that all venue bookings must adhere to the Aquatic Centre Booking Terms & Conditions.

Food & Drinks

Do you sell food and drinks?

There is a vending machine located at the end of the corridor between the 5 and 6 lane pool. For hot food and drinks, the Business School café across the oval, Barry J Marshall Library café or Broadway Shopping Centre are a five-minute walk away.

Aquatic Programs

UWA Sport offers the following programs all year round:

- UNISWIM - Learn to Swim for children (ages 3 – 15 yrs)
- UNISWIM - Learn to Swim for adults (ages 16+)
- Recreational squads for children (up to 18 yrs)
- Recreational squads for adults

UWA Sport offers the following program in line with UWA university semesters:

- Recreational student squad
- International Student swim program

UWA Sport only offers swimming programs, however, our affiliated sporting clubs offer more opportunities in aquatics at the centre. These opportunities include:

- Competitive Swimming – contact UWA West Coast Swimming Club (administration@uwawestcoast.org)
- Water Polo – contact UWA Water Polo Club (secretary@uwawaterpolo.com.au)
- Triathlon – contact UWA Triathlon (committee@uwatriathlonclub.com.au)
- Paddle Sport – contact UWA Outdoor Club (odc.members@gmail.com)

The UWA Exercise and Performance Centre runs water-based rehabilitation and exercise programs. For more information visit their website <https://www.uwa.edu.au/facilities/uwa-exercise-and-performance-centre>.

What is the relationship between the UWA Sport and the sporting clubs?

UWA Sport has a series of affiliated sporting clubs who oversee their own club programs, membership, operations, competition offering, training environment, member service/support, volunteers, and finances.

UWA Sport provides affiliated clubs with significant support, such as member recruitment, training, venue access, subsidised venue hire, club management support, club grant schemes, student athlete support and more.

UNISWIM - Learn to Swim

General Information

The UNISWIM philosophy and teaching methodology was developed by Adjunct and Honorary Professor Brian Blanksby in 1981. Our teaching methodology follows the motto 'Putting Research into Practise' with the curriculum heavily based on motor learning and biomechanical principles. Our philosophy is focused on acquiring each stroke with an emphasis on body position and kick development. All staff are accredited swimming teachers with many holding additional swimming qualifications. The UWA Aquatic Centre is a registered AUSTSWIM Swim Centre.

When are classes held?

Children's classes are held:

- Monday, Wednesday, Thursday, Friday from 3:30pm
- Tuesday from 3:00pm
- Saturday from 8:00am

Adults classes are held:

- Tuesday and Thursday at 10:00am and 6:00pm

Please note additional classes may be programmed based on demand. Private lessons generally organised outside of peak times (i.e., 3:30pm, 5:00pm or 5:30pm).

How much does each class cost?

All UNISWIM classes are priced at \$25 per 30 min lesson. Private Lessons are priced at \$51 per 30 min lesson. UWA Students are eligible for 20% discount.

Payment is made up front for the duration of the program. Programs are run in school term or holiday blocks. If an upfront payment cannot be made, you may enter a payment plan. Payment plans must be agreed to be paid off within an agreed period. Registrations with payment plans must be made in person or over the phone. They cannot be completed online.

Payment can be made online, in person or over the phone.

Does the UNISWIM Learn to Swim program cater for beginners?

The UNISWIM children's and adults' programs caters for all beginners **over the age of 3 years**. Beginners or parents of beginners will be asked a series of questions upon enquiry to ensure a positive introduction to the water. In some instances, one to one classes may be recommended. Beginners are not required to participate in an assessment of ability.

My child has just turned 3 years old; can they participate in the UNISWIM Learn to Swim program?

Yes. We have a specific entry level program for children aged 3 years old. To register in the program children, need to be toilet trained and it is recommended that they show signs of independence e.g., able to follow basic instructions. 3-year-old classes are taught without a parent in the water. The class ratio is two children to one teacher. If your child has previous swimming experience, shows confidence in the water, and can perform a back float for 3 seconds unassisted they may be ready for our mainstream levels. Our customer service attendants can assist you in determining which level is best suited for your 3-year-old. Please contact the Aquatics Office to discuss.

I already have some swimming ability and experience, what do I need to do?

Adults with prior experience do not need to participate in an assessment of ability. On enquiry you will be asked a series of questions that will determine which class is best suited for you. Classes are streamed in Beginner and Advanced ability. All adults must complete a pre-exercise screening questionnaire. It is recommended that you discuss your goal/s for learning to swim for example, I would like to develop confidence and skills to swim with my peers or I would like to learn breaststroke.

Most children with prior experience will require an assessment to determine their level before booking. We will invite your child to attend an assessment if they can swim independently for 5m, do not need a teacher in the water, and can float on their back and recover without assistance. If they cannot yet demonstrate these skills, they will be placed into one of two beginner levels and our customer service staff will assist you to determine which is right for your child. Swimmers who have been enrolled with us previously but have not swum with us in the past two programs will also require an assessment.

How long should my assessment take and what do we need to bring?

The assessment itself should take 10 – 15 minutes. Swimmers are required to wear racing style bathers (no board shorts, rash vests, or neoprene swimwear. A cap and goggles are not required for the assessment but are highly recommended. Please note that cap and goggles is mandatory for participation in programs.

How do I book an assessment?

Assessments can be booked by contacting the Aquatic Office.

Can I find the level information online?

Currently this information cannot be found online. As our curriculum has been developed using biomechanical research, the specific level requirements are classed as intellectual property and cannot be distributed. Our friendly customer service team can however talk you through a broad overview.

Existing registrations

How do I register?

Existing customers can register online through the 'Enrol Now' on the UWA Sport website. New customers can register by contacting the Aquatics Office during office hours. We strongly recommend registering well in advance of a commencing program as vacancies are in high demand. Please note all registrations are subject to [UWA Sport Terms & Conditions](#) available on the UWA Sport website. A level assessment may be required for children who have not swam in the program before and have prior swimming experience. Contact details can be found on the UWA Sport website.

Can I change lessons?

Yes, you can change to a different lesson should a vacancy be available. You can make changes up until Week 8 of the term. You can change sessions to accommodate a change of schedule, however we cannot guarantee that the initial class will be available again to move back in to.

I have missed a lesson, am I able to do a makeup class or gain a credit?

Upon registering you agree to the UWA Sport Terms & Conditions. UWA Sport does not offer makeup classes or offer a credit for classes missed without supporting documentation like a medical certificate. As per the UWA Sport terms and conditions a \$25 admin fee is charged for an approved medical refund. A refund is

therefore only applicable for two or more swims. The supporting documentation must state the dates when they are unable to swim.

How do I withdraw from lessons?

Upon registering you agree to the UWA Sport Terms & Conditions. You may withdraw from a program however a withdrawal fee will be charged. In order to withdraw from the program, we require a written request for withdrawal. This can be emailed to aquatics@sport.uwa.edu.au. Should the withdrawal be for a medical reason (and supported by medical documentation), a \$25 withdrawal fee will be charged. For all withdrawals without support of medical documentation, a \$100 administration fee is charged. A pro rata refund will be calculated for the remaining lessons less any applicable withdrawal fee.

Returning registrations

How do I register as an existing or returning swimmer?

An existing swimmer is a swimmer currently registered in a program. A returning swimmer has been registered in a previous period but not the current program period. The registration period for an existing swimmer is advertised approximately 6 weeks ahead of program commencement. The opening dates for registrations are communicated via email and the UWA Sport website. Any enrolments made during an invalid priority period are cancelled and added to a waitlist. Swimmers are moved from the waitlist as a first priority on Thursday morning of Week 8 & Monday morning of Week 9. There are no priority periods for Adult programs.

How are the lessons & teachers allocated?

Our priority is maintaining the current lessons offerings for the subsequent term. As our teachers are casual staff members, we cannot guarantee their availability. Teachers are allocated to different levels based on their skill set, teacher requests and previous allocations. Please note that teacher requests cannot be guaranteed.

UNISWIM – Fitness and Recreational program

General Information

What Fitness and Recreational offerings does UWA Sport have?

UWA Sport offers several aquatic fitness and recreational programs for adults and children. More information regarding the offerings can be found on the UWA Sport website, under the UWA Aquatics and Recreation program tab.

Which Fitness and Recreational offering is best for me?

Adult offerings differ by goals and ability. If you are swimming for fitness but don't have any goal in mind? Perhaps SwimFit is for you. Wanting to train to prepare you for a swim to Rottness? EnduroFit might be the fit for you. Used to swim but not sure what is the best fit for you? Give us a call and we can assist you to find the ideal fit. Assessment are not required for Adults offerings however a trial period of one week may be requested by an individual.

Offerings for children differ by age and ability. Age bandings start at 10 – 13 years, 13 – 15 years and 15 – 18 years. All children's fitness and recreational programs are designed to be flexible and may be complementary to those who participate in other sports. Swimmers may be challenged with additional opportunities from our UWA affiliated clubs. An assessment may be required for Fitness and Recreational programs. Assessments can be booked over the phone on 6488 2277 or via email at aquatics@sport.uwa.edu.au.

Does UWA Sport offer competitive squads?

UWA Sport ceased operating competitive squads (Junior White upwards) in April 2020. The UWA West Coast Swimming Club (UWSC) offers competitive training for club members at the UWA Aquatic Centre and HBF Stadium. Full details regarding participation in the Clubs competitive squads please visit their website <https://www.uwawestcoast.org/>

What is the difference between squads at UWA and squads at HBF?

UWA Sport no longer runs squads at HBF Stadium. Any enquires regarding squads should be directed to UWSC.

What is the difference between adult learn to swim and the fitness and recreational programs?

Adult Learn to Swim caters to swimmers who would like to acquire or develop the three core strokes (freestyle, backstroke, and breaststroke) and focus on water confidence, correct breathing, and stroke technique. Adult squads are recommended for swimmers with reasonable technique and are interested in improving their fitness. Programs are tailored to individual needs and cover stroke correction, turns, time trials, training tips and swimming for enjoyment.

What is the cost?

Cost varies depending on the offering you select and how many times per week you swim. UWA Students, UWA staff, seniors and UWA Triathlon Club Members (EnduroFit Only) are eligible for discount. Children's offerings start from \$15 per session. Adult offerings start from \$12 per session.

Can I change sessions?

Yes, you can change to a different session should a vacancy be available. You can change sessions to accommodate a change of schedule, however we cannot guarantee that the initial session will be available again to move back in to.

I have missed a session, am I able to do a makeup class or gain a credit?

Upon registering you agree to the UWA Sport Terms & Conditions. UWA Sport does not offer makeup sessions or offer a credit for sessions missed without a medical certificate. Medical refunds are only available for two or more missed weeks. The supporting documentation must state the dates when they are unable to swim.

How do I withdraw from the program?

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